

Prevention is possible

Workshop based on the Icelandic Prevention Model



DATES: 6TH – 8TH of March 2019

VENUE: Conference Room 2, Natura Hotel Reykjavik Icelandair

Optional study Visit: 9TH of March 2019

ADDRESS: Nautholsvegur, 101 Reykjavik, Iceland

HOST: Jon Sigfusson, Operational director of ICSRA

During these three days from 6th of March to the 8th of March, participants will get an in-depth knowledge about the Icelandic Evidence-Based Prevention Model from the specialists of ICSRA. At the workshop, participants will also get a chance to meet and have discussions with the people who work in the field of prevention in Iceland. These include the Youth Association, National sports association, the Directorate of health and the National parent's associations. Related optional study visit included.

After the Workshop participants should have adequate information on the feasibility and next steps for implementation of the model in their communities.



AGENDA

Wednesday 6th of March – Day 1

09:00 - 09:30	Registration	Desk
09:30 - 09:40	Welcome	Jon Sigfusson
09:40 - 10:00	Introduction to the model	Inga Dora Sigfusdottir
10:00 - 11:00	Primary prevention as a building block	Alfgeir Logi Kristjansson
11:00 - 11:15	Coffee break outside hall	Break
11:15 - 11:45	Primary cont.	Alfgeir Logi Kristjansson
11:45 - 12:00	Questions and answers	Guests
12:00 - 13:00	Lunch buffet at Satt restaurant	Break
13:00 - 14:30	Step-by-step implementation process	Alfgeir
14:30 - 14:50	Coffe break outside hall	Break
14:50 - 15:20	The Tarragona experience	Patricia Ros Garcia
15:20 - 15:50	Extended use of the Planet Youth Data	Emanuel Adrian Sarbu
15:50 - 16:30	Questions and answers	Guests

Thursday 7th of March – Day 2

08:30 - 09:00	Morning refreshment outside hall	Break
09:00 - 10:00	The Swedish Experience and Community readiness	Håkan Leifman
10:00 - 10:45	The role of Municipalities in Prevention	Gisli Arni Eggertsson
10:45 - 11:00	Coffee break outside hall	Break
11:00 - 11:30	The role cont. and Prevention policy of Reykjavik	Gisli Arni Eggertsson
11:30 - 12:00	Questions and answers	Guests
12:00 - 13:00	Lunch buffet at Satt restaurant	Break
13:00 - 14:15	The role of sports clubs	Margret Lilja Gudmundsdottir
14:15 - 14:45	What makes Planet Youth different? An interventionist assessment.	Michael J. Mann
14:45 - 15:00	Coffee break outside hall	Break
15:00 - 16:00	Questions and answers	Guests

Friday 8th of March – Day 3

08:30 - 09:00	Morning refreshment outside hall	Break
09:00 - 10:00	How to get parents motivated?	Hrefna Sigurjonsdottir
10:00 - 10:45	Success and development in prevention	Rafn Magnusson
10:45 - 11:00	Coffee break outside hall	

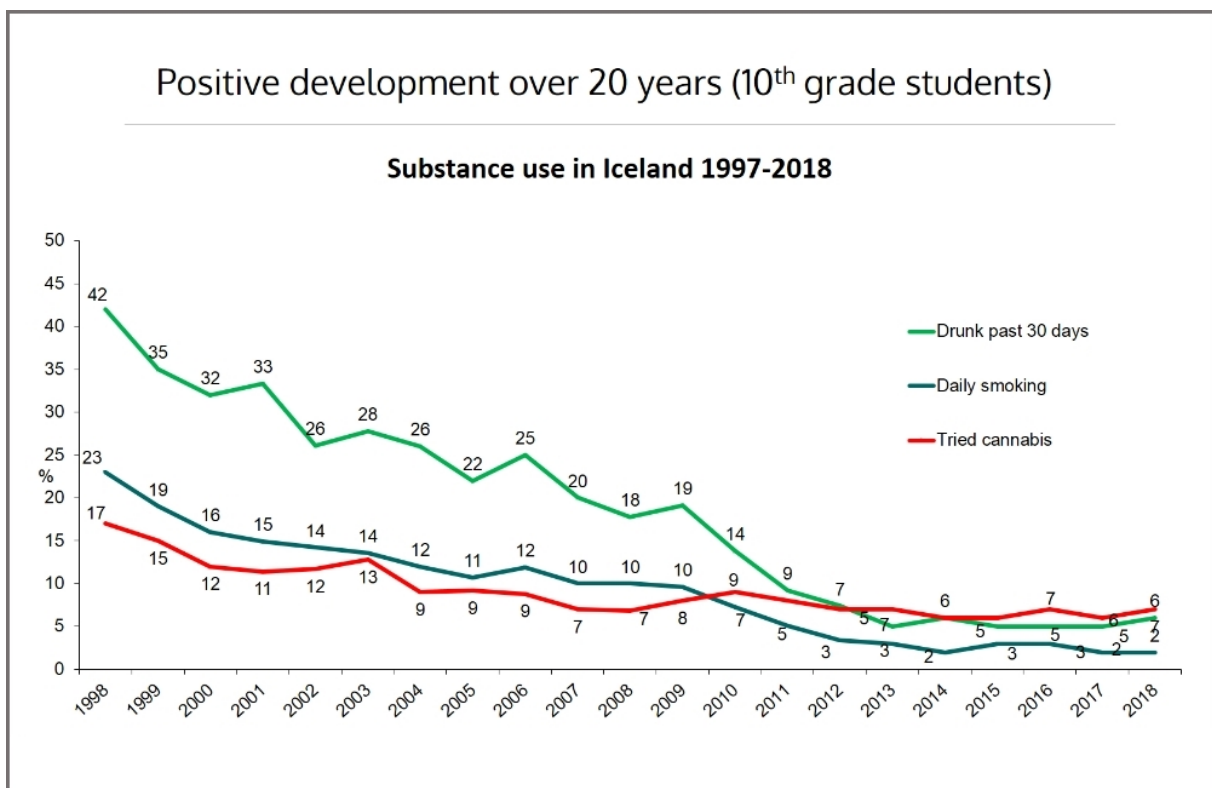


11:00 - 11:30	Trainers training, consecutive school, use of leisure card	Ragnheidur Skuladottir
11:30 - 12:00	Successful organization of Youth Work	UMFÍ
12:00 - 13:00	Lunch buffet at Satt restaurant	
13:00 - 14:00	Childrens participation in leisure activities	Gunni Orn Arnarson
14:00 - 15:00	School Children in Reykjavik	Sigrídur Arndís Johannsdóttir
15:00 - 15:15	Coffee break outside hall	
15:15 - 16:00	Saman hópurinn	Póra Jónsdóttir
	Wrapup and closing	Jon Sigfusson

Saturday 9th of March – Day 4

Study visit for participants. Healthy youth and the forces of nature.

The Icelandic Prevention Model - 2018



From highest to lowest in substance use from 1997 to 2018 – 15/16 year old students in Iceland using the Icelandic model.